



Dear Campus Community,

As you've seen and read in the news, the seasonal flu combined with the H1N1 flu virus may result in a severe flu season. Therefore, The Art Institute of York is taking steps to reduce the spread of both diseases. We want to keep the campus open to students and functioning in a normal manner during this flu season.

Currently, we are working closely with the Pennsylvania Department of Health's York County Office and other local government agencies to monitor flu conditions and make decisions about the best steps to take concerning our school.

To be successful, we need your help. Flu can be spread easily from person to person, and taking actions as simple as washing your hands, (thoroughly for 20+ seconds), frequent use of hand sanitizers between hand washing, and covering your mouth with the inside of your sleeve or arm when you cough or sneeze can go a long way toward keeping yourself and our school as healthy as possible. Some additional steps you can take include:

- **Knowing the signs and symptoms of the flu.** Symptoms of the flu include fever (100 degrees Fahrenheit or greater), cough, sore throat, a runny or stuffy nose, body aches, headache, and feeling very tired. Some people may also vomit or have diarrhea.
- **Staying out of class or off campus if you are sick (as long as you have symptoms)** for at least 24 hours **after** you no longer have fever or do not have signs of fever, without using fever-reducing drugs.

For more information, visit [www.flu.gov](http://www.flu.gov) <<http://www.flu.gov>> . We will keep you updated with new developments as they become available.